

The European Society for Clinical Nutrition and Metabolism

Local nutritional (PEN) society: GrESPEN

LLL Course: Module 37-Nutrition and Sport

Venue: Megaron Athens International Conference Centre

Date of the course: 13/12/2019

Time: 14:00-18:00

Director of the course*: Papaspanos Nikolaos

Email address of contact person: nmpapaspanos@yahoo.gr

Email address for queries: grespen.org@gmail.com

Moderator: Papaspanos Nikolaos	
LLL Modules	Speakers
Module 37.1 Energy Balance Regulation: Effects of Exercise on ad libitum Food Intake	Anastasia Anastasiadou
Module 37.2 Nutrition for Endurance Sports	Nikolaos Papaspanos
Module 37.3 Nutrition for Strength and Power Sports	Nikolaos Papaspanos
Module 37.4 Physical Activity in Chronic Diseases	Remy Meier
Case and Test	

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Local nutritional (PEN) society: **GrESPEN**

LLL Course: Module 17-Nutritional Support in the Perioperative Period

Venue: Megaron Athens International Conference Centre

Date of the course: 14/12/2019

Time: 09:00-13:00

Director of the course*: Assist. Prof. Michael Chourdakis

Email address: mhourd@gapps.auth.gr

Email address for queries: grespen.org@gmail.com

Moderator: Assist. Prof. Michael Chourdakis	
LLL Modules	Speakers
Module 17.1 Metabolic Responses to Surgical Stress	Michael Chourdakis
Module 17.2 Managing Surgical Stress: Principles of Enhanced Recovery and Effect on Outcomes	Stanislav Klek
Module 17.3 Nutritional Therapy in the Perioperative Period	Kalliopi Anna Poulia
Module 17.4 Making the Gut Work	Marily Passakiotou
Case and Test	

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Local nutritional (PEN) society: GrESPE

LLL Course: Nutritional Support in Intensive Care Unit (ICU) Patients

Venue: Megaron Athens International Conference Centre

Date of the course: 14/12/2019

Time: 14:00-18:00

Director of the course*: Dr.Marily Passakiotou

Email address: mpassintens@yahoo.gr

Email address for queries: grespen.org@gmail.com

Moderator: Dr.Marily Passakiotou	
LLL Modules	Speakers
Module 18.1 How to Maintain Homeostasis by Nutrition Care in the ICU	Marily Passakiotou
Module 18.2 Protein Requirements in the ICU	Kalliopi Anna Poulia
Module 18.3 Repletion, Supplementation and Pharmaco-nutrition	Dimitris Karayiannis
Module 18.4 How to Choose the Best Route of Feeding	Remy Meier
Case and Test	